

Ada Alden's Recommended Reading List:

The books are in random order. I have many other books that I could have brought. I just filled up the bag. I hope eventually, each student will create a selection of books that are compelling. I am not recommending my books as the most important to read. I just find that good parent education is not limited to a book, a concept, a theory, or one approach.

- “Whatever It Takes: Geoffery Canada’s Quest to Change Harlem and America” by Paul Tough
- “The Shelter of Each Other: Rebuilding Our Families” by Mary Pipher
- “The Untouched Key: Tracing Childhood Trauma in Creativity and Destructiveness” by Alice Miller
- “The Spirit Catches you and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures” by Anne Fadiman
- “Raising Children in a Socially Toxic Environment” by James Garbarino
- “What Am I Feeling?” by John Gottman
- “Shelter from the Storm: Caring For A Child With a Life-Threatening Condition” by Joanne Hilden & Daniel R. Tobin with Karen Lindsey
- “Beating the Devil Out of Them: Corporal Punishment in American Families/Children” by Murray Straus
- “Spoiling Childhood: How Well-Meaning Parents are Giving Children Too Much- But Not What They Need” by Diane Ehrensaft
- “Standardized Childhood: The Political and Cultural Struggle Over Early Education” by Bruce Fuller
- “Parenting on Purpose: Red, Yellow, Green Framework for Respectful Discipline” by Ada Alden
- “Spark: The Revolutionary New Science of Exercise and the Brain” by John Ratey and Eric Hagerman
- “Ghosts from the Nursery: Tracing the Roots of Violence” Robin Karr-Morse, Meredith S. Wiley, and Dr. T. Berry Brazelton
- “Unequal Childhoods: Class, Race, and Family Life” by Annette Lareau
- “The Erosion of Childhood” by Valerie Polakow
- “A New Generation of Evidence: The Family is Critical to Student Achievement” by Nancy Berla, Anne Henderson & National Committee for Citizens in Education
- “When Religion Becomes Evil: Five Warning Signs” by Charles Kimball
- “How to Survive Your Aging Parents: So You and They Can Enjoy Life” by Raeann Berman & Bernard Shulman
- “Explaining Death to Children” by Earl A. Grollman
- “Meaningful Differences in the Everyday Experience of Young American Children” by Betty Hart & Todd R. Risley
- “Gift From the Sea” by Anne Morrow Lindbergh
- “Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying” by Maggie Callanan & Patricia Kelley
- “The Miracle of Mindfulness: An Introduction to the Practice of Meditation” by Thich Nhat Hanh
- “Fierce Conversations: Achieving Success at Work and in Life One Conversation at a Time” by Susan Scott
- “Turning to One Another: Simple Conversations to Restore Hope to the Future” by Margaret J. Wheatley